



Our products are designed to make health accessible and affordable for both the curious and the chronically ill. By utilizing bioenergetic testing, we are able to fill in the gaps that occur in traditional western medicine between symptoms and finding the root cause of issues. Only when the cause is uncovered can a more direct path to healing start. The body wants to heal and has everything it needs; sometimes what it needs most is us to stay out of the way.

This bioresonance test helps determine an order to healing: what the body is dealing with AND what it resonates with for input/help. This journey can still take a significant amount of time and effort, but this form of testing and recovery provides validation to those who have struggled to find answers in traditional medicine and provides exceptional results. Often, symptoms decrease or resolve in the reverse order they appeared.

Depending on your results, your primary practitioner may recommend further testing or remedies at a frequency proportional to your healing ability and depth of symptoms.

SYSTEM STRESS LOAD & FUNCTION

Stress comes in 4 forms: Neurological, Emotional, Chemical/Nutritional, Physical

There are 14 organ systems comprising 58 points.

Each system has an optimum 100% function. Your System Functions are listed below. Stress will decrease this %.

Individuals are often very aware of symptoms not until around 60% function has been lost.

Decreased function leads to: a harder working system itself, lower adaptation to additional stress,
and decreased coordination with other systems.

Most significantly stressed systems are likely impacted by the food sensitivities and infectious triggers found in the following sections. These systems will be addressed with the 'Remedy Code.'

SYSTEM	% FUNCTION
Integumentary (Skin, Hair, Nails, Exocrine Glands)	87
Nervous System	91
Respiratory System	67
Digestive System	89
Pancreas	90
Liver/Gallbladder	54
Metabolism	86
Urogenital System (Urinary & Reproductive)	96
Endocrine System (Hormones)	47
Musculoskeletal System	84
Blood	90
Cardiovascular System	90
Lymphatic System	67
Immune System	74

Most Significantly Stressed:

Liver, Throat & Tonsils, Lymphatic Drainage

Additionally Stressed:

Skin, Lungs, Ear Drainage, Allergy Points, Gallbladder.

INFECTIOUS TRIGGERS

Toxins are all around us, and our immune systems are designed to react. But chronic inflammation can be caused by these toxins themselves &/or the waste products. Both can act as triggers for an abnormal immune response, symptomatic issues, and more due to the increased inflammatory load. Food sensitivities exist because these infectious triggers themselves &/or their byproducts are “fed” by these foods causing an undesirable effect. When cleared of the body and it no longer resonates with the toxin, the body can continue to heal and the sensitivity lessens or will no longer exist as long as the body is optimally maintained.

Over 10k [tested \(click for list\)](#) for their impact on your health.

**These are resonating toxins, meaning an energetic exposure to that toxin pattern.

Bacteria

- A resonating bacteria commonly found in soil, water, organic matter, plants, and food products.
- A resonating bacteria often transmitted from person to person, or through droplets in the air when an infected person coughs or sneezes.

Chemicals

- A resonating chemical used to eliminate pests and unwanted plants.

Metals

None

Mold

- A resonating Mold/Fungi that grows in plant debris, soil, and decaying wood.
- A resonating Mold/Yeast that is produced in the body, but can overgrow under specific circumstances.

Parasites

None

Virus

- A resonating virus often transmitted through close personal contact such as shaking hands, coughing, sneezing, or touching objects that may have been touched previously by an infected individual.

HORMONE IMBALANCES

Tests 30 Hormones. Imbalances found will be directly or indirectly addressed by Remedy CODE.
Full LIST [here](#) (click link).

Low DHEA

A natural steroid and precursor hormone produced by the adrenal glands.

Low ACTH

A hormone secreted by the anterior lobe of the pituitary. It is essential to the growth, development, and continued function of the adrenal cortex.

Low Aldosterone

A corticoid hormone secreted by the adrenal cortex. It increases sodium reabsorption by the kidneys, thereby indirectly regulating blood levels of potassium, chloride, and bicarbonate, as well as pH, blood volume, and blood pressure.

High Cortisol

A glucocortical hormone of the adrenal cortex often referred to as the stress hormone.

FOOD SENSITIVITIES

350+ foods tested (full [LIST](#)). Food Sensitivities & Food Allergies are NOT the same. Foods listed on your report result in inflammation OR weakness. It is vital to keep them out of your diet even though they are not allergies because these food sensitivities are directly causing inflammation & weakness OR they are feeding the infectious triggers causing them to thrive and create toxic waste products contributing to symptoms &/or a state of dis-ease occurring in your body.

Food sensitivities can & will change over time IF the infectious trigger is successfully eliminated. Some will remain long-term due to the state of the body.

Foods listed below are contributing to the overall state of dis-ease in the body system. By removing the foods from your daily diet for 30 days, you are allowing your body to rid the system/body of byproducts from toxins, foods, etc. Healing will continue over the course of an additional 60-90 days. The overall goal is to be able to reintroduce foods and assess how your body is healing by “measuring” the response from body system signals in addition to continuing scans per your provider’s recommendations.

Dairy	Perfume Mix	Shellfish
Cheese Mix	Plastic Mix	None
Cow Milk	Pollen	Spice
Cow Whey	Potpourri	None
Cow Yogurt	Rayon	Sugar
Kefir	Rubber	None
Lactose	Weeds	Vegetable
DairyAlternative	Fish	None
Soy Milk	None	Additives
Environmental	Fruit	None
Acrylic	None	Beverages
Cleaning Supplies	Grain	None
Detergent	None	
EMF	Ingredients	
Fireplace Smoke	Soy Sauce	
Flower Blossoms	Legume	
Grasses	Soy Bean	
Lawn Chemicals	Tofu	
Leather	Meat	
Mohair	None	
Mold	Nut	
	None	

NUTRIENT DEFICIENCIES

Vitamins, Minerals, Enzymes, Fatty Acids, Amino Acid deficiencies.
Deficiencies listed with ways to obtain food sources for best absorption & correction.

Full [LIST](#) here of function & foods that provide/source the nutrient.

*Some may be directly corrected through Remedy CODE
if severe or vital to correct another primary imbalance.

Amino Acids

Tryptophan

sources include sesame seeds, turkey, beef, chicken, lamb, cashews, pork

Valine

food sources include grains, meat, mushrooms, peanuts

Cysteine

food sources include carob, coconut, gelatin, meat, oats, peanuts, walnuts

Enzymes

Amylase

dietary sources include raw fruits and vegetables, sprouted seeds, raw nuts, whole grains, and legumes

Bromelain

food sources include pineapple

Lactase

found naturally in unpasteurized dairy products

Lipase

dietary sources include raw fruits and vegetables, sprouted seeds, raw nuts, whole grains, and legumes

FattyAcids

EPA

sources include salmon, sardines, mackerel, herring

CLA

sources of Conjugated Linoleic Acid (CLA) is grass fed beef and dairy products

DHA

sources include salmon, sardines, mackerel, herring, seaweed

Minerals

Iodine

sources include iodized salt, seafood, saltwater fish, kelp, asparagus, dulse, lima beans, mushrooms, sea salt, sesame seeds, spinach, summer squash, swiss chard, turnip greens

Magnesium

sources include apples, apricots, bananas, blackstrap molasses, brewer's yeast, brown rice, cantaloupe, dulse, figs, grapefruit, green leafy vegetables, kelp, lemons, lima beans, millet, nuts, peaches, black-eye peas, salmon, sesame seeds, watercress, whole grains, cayenne, chamomile, paprika, peppermint, sage

Zinc

brewer's yeast, dulse, egg yolks, fish, kelp, lamb, legumes, lima beans, liver, meats, mushrooms, pecans, oysters, poultry, pumpkin seeds, sardines, seafood, sunflower seeds, whole grains, cayenne, chamomile, dandelion, fennel seed, parsley, sage

Vitamins

Beta-Carotene

sources include kale, carrots, sweet potatoes, spinach, mustard greens, turnip greens, butternut squash, parsley, oregano, thyme

Folic Acid

sources include barley, beef, bran, brewer's yeast, brown rice, cheese, chicken, dates, green leafy vegetables, lamb, legumes, lentils, liver, mushrooms, oranges, split peas, root vegetables, salmon, whole grains

Inositol

sources include brewer's yeast, fruits, legumes, meats, unrefined molasses, vegetables, whole grains



BioCODE

REMEDY

Tested against thousands of herbs, homeopathics &/or supplements to address issues as efficiently and safely as your body can handle. Tested to work synergistically; should not be taken independently or utilize different brands that your body may not respond similarly to. Symptoms are a sign of breakdown in the body's performance, but the cause of the symptom will vary. Because the causes of symptoms vary, what remedy works well for one person's symptom or issue may not work well for you.

The recommendations are uniquely tailored for you; they take the guesswork out of what your body needs to heal &/or function at the level of healing your body can currently tolerate. The investment in the scans and following remedy recommendations for 30 days results in savings from not taking supplements for healing or prevention not necessary. The goal is to clear, heal, and support the body healing while working towards sustainable changes with individual baseline supplementation.

Supplements

Supplements are nutrients the body requires for proper uptake and function. Food sources are better utilized, but when our body is depleted beyond what we are able to add in our diet, a temporary gap filler (supplement) may be required to return normal function.

Homeopathics

CT Like cures like. These are intended to stimulate the body for an innate healing response. This can be thought of as a nudge/reminder for the body to resume normal function on its own. Given at a minimum dose which has the maximum therapeutic effect with the fewest side effects.

Herbs

These combine opposite extremes to create balance. Many traditional medicines are created to mimic herbal benefits. With herbs, we assimilate the medicinal plant chemicals or phytochemical medicines which interact in our body to promote function.

TIER 1 RECOMMENDATIONS
\$267.50 (includes \$20 discount)

HERBAL REMEDIES

Gen Intrinsic

- Standard Dose: 25 drops in warm water two times per day
- Under 120 lb Dose: Divide weight by 6 and that is how many drops two times per day in warm water
- Traditionally Supports: Lymph cleanser/drainage, Stagnant, Blood issues, Swollen lymph glands, Congested spleen, Liver and bowel cleanser, Skin issues, Joint issues.

Mycelia Intrinsic

- Standard Dose: 25 drops in warm water two times per day
- Under 120 lb Dose: Divide weight by 6 and that is how many drops two times per day in warm water
- This blend has been used as an anti-viral and for tick borne issues, for immune support (T-Cell stimulation), has a high concentration of Beta Glucans 1-3D/1-6D, liver support, and is a potent antioxidant.

HOMEOPATHIC REMEDIES

Aller Tox II

- Standard Dose: 25 drops two times per day, 20 minutes away from food and mint
- Under 120 lb Dose: Divide weight by 5 and that is how many drops two times per day, 20 minutes away from food and mint
- This is a Homeopathic Multi Potency Airborne Environmental Detoxification and Sensitivity Reducer
Traditionally Supports: Hay Fever, Rhinitis / Sinusitis, Sneezing, Itchy Eyes, Runny Nose, Wheezing.

Can Tox

- Standard Dose: 25 drops two times per day, 20 minutes away from food and mint
- Under 120 lb Dose: Divide weight by 5 and that is how many drops two times per day, 20 minutes away from food and mint
- Traditionally Supports: Mold and Yeast Toxicity, Immune Issues, Chronic Fatigue, Cognitive Issues

Sclero Tox

- Standard Dose: 25 drops two times per day, 20 minutes away from food and mint
- Under 120 lb Dose: Divide weight by 5 and that is how many drops two times per day, 20 minutes away from food and mint

- Traditionally Supports: Scarring (internal / external), Chronic Fatigue, Microbiome Imbalances, Stomach issues, Headaches, Digestive Complaints, Skin issues, Chronic Inflammation, Respiratory issues / Ear Infections, Behavioral Issues.

SUPPLEMENT SUPPORT

Inflamma Life Force

- Standard Dose: Two capsules two times per day on an empty stomach
- Under 120 lb Dose: Ask Health Practitioner

Traditionally Supports: Inflammation issues, Plaque buildup in the arteries, Complements chelation therapies, Joint issues, Skeletal Issues, Sinus Issues, Post operative inflammation, Assists in dissolving clots (Hans Nieper), Pain control

TIER 2 RECOMMENDATIONS

CT Biotic: similar to a probiotic but specific for needs of BioCODE results

BC ATP: BC-ATP is our most powerful supplement for supporting and optimizing mitochondrial function.*

When the body has the nutrients it needs to support mitochondria and ATP output, patients can experience improved cognitive function, mental clarity and focus, and sustained physical energy.*

The highly charged organic acids support metabolism and the ATP cycle in being at peak efficiency.* These carbons also assist in the body's natural detoxification processes, contribute to a balanced gut microbiome, promote cellular renewal, and support immune health.

Cost: \$166.92

CLIENT: ER

NEXT STEPS

REVIEW YOUR SCAN RESULTS

Both Tiers will only be taken for 30 days (1 order unless noted otherwise). The benefit of the Remedy CODE is creating removal and healing not dependence on natural pills to keep symptoms away/managed.

Tier 1 are recommended alone or with Tier 2 simultaneously.

Tier 2 can be taken the following month for a gentler approach.

These recommendations are necessary to move forward in healing
WITH eliminating food triggers/doctor guided changes for 30-120days.

REMEDY ORDERS

email knappwellness@gmail.com to order supplements.

Prices on remedy tiers do not include tax & shipping.

TO SCHEDULE 1-ON-1 CONSULT The Alchemy Scans designed for ease and affordability along with easy implementation without the help of a doctor. However, some would like more guidance, diagnostic connections, or both from their doctor.

You can schedule this paid virtual visit as well via alchemyandsage.com.

ALCHEMY SCAN COSTS

You can order/purchase additional tests at www.alchemyandsage.com